

Adenoids and Its Management: A Review of Surgical Methods

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Abstract

Adenoids remained unrecognized because of their inaccessible location and the fact that most adenoidal pathology occurred in young children. Adenoidectomy is the surgical procedure in which the adenoids are removed. Removal of the adenoids is indicated when they are chronically infected or causing obstruction. Since the earliest descriptions of adenoidectomy, numerous techniques have been described and used successfully. All techniques are based on the principle of adequate visualization and removal of the adenoids without damage to the surrounding structures. The advent of endoscopic sinus surgery has popularized the use of endoscopes. The aim of this paper is to review various surgical techniques of adenoidectomy.

Keywords: Adenoids; Pharyngeal tonsil; Surgical methods